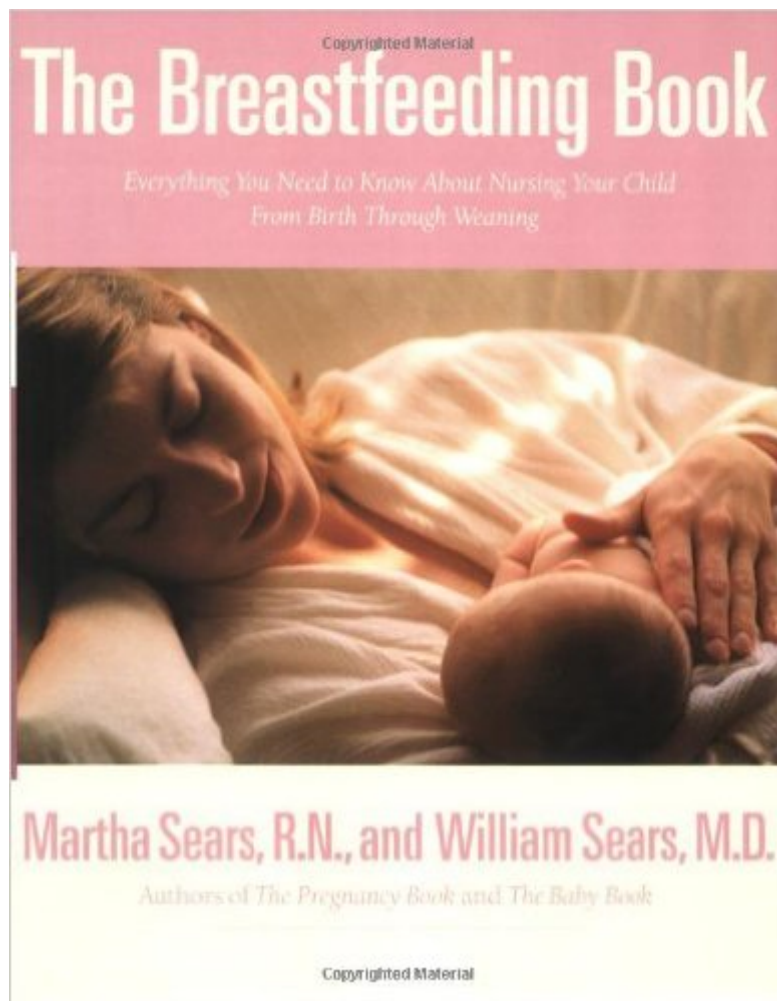


The book was found

The Breastfeeding Book: Everything You Need To Know About Nursing Your Child From Birth Through Weaning



Synopsis

In recent years there has been a resurgence of interest in breastfeeding. Yet first-time mothers often lack the support and the knowledge they need. Many of the available books fail to address the practical challenges that confront many women (especially women who work outside the home) when they choose to breastfeed. For these women, *The Breastfeeding Book* is a godsend -- with comprehensive, reassuring, authoritative information on: -- how to get started, including tips for latching on-- increasing your milk supply-- breastfeeding in absentia-- pumps and the new technology associated with breastfeeding-- making sure your nursing baby gets the nutrition he/she needs

Book Information

Paperback: 272 pages

Publisher: Little, Brown and Company; 1 edition (March 2, 2000)

Language: English

ISBN-10: 0316779245

ISBN-13: 978-0316779241

Product Dimensions: 7.8 x 0.8 x 9.2 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars Â See all reviews Â (136 customer reviews)

Best Sellers Rank: #35,132 in Books (See Top 100 in Books) #6 in Â Books > Law > Business > Torts #21 in Â Books > Medical Books > Nursing > Pediatrics #196 in Â Books > Parenting & Relationships > Parenting > Early Childhood

Customer Reviews

It ISN'T just their opinion that breastmilk is best for babies, so if they use some strong words to get mothers to breastfeed, and help them succeed, they are only being honest. A few of these reviews made me laugh. Several reviewers criticized the authors for saying, for example, that you should nurse whenever baby is hungry... resulting in them nursing 24/7 for days on end and not eating or sleeping. Surely, as adults, we can use a little common sense to interpret what we read. Yes, parents are allowed to eat and sleep too, and nature does not intend for babies to nurse 24/7 for weeks. (Though, if the complaining mother had tried a sling, or getting some help from her spouse or friends, she could have eaten while nursing...) If co-sleeping doesn't work in your family, put baby in a crib. And as for the reviewer who said that the Sears told mothers to avoid treating illnesses so they could nurse ... I suspect she misunderstood. I don't have the book in front of me, but what I

THINK they meant was that you don't HAVE to wean to treat most illnesses. The vast majority of medications are perfectly safe to use while nursing, (or have a safe alternative) yet many doctors will tell mothers that they have to wean, at least temporarily, if they are ill and need to take medication. The point is that the risk to the baby from traces of maternal medication in the milk is far, far smaller than the risk to the baby of being fed formula instead. (Even for a short while, and since few mothers are able to pump-and-dump for several weeks and then get baby back on the breast, even 'temporary' weaning very often ends up being permanent weaning.) And comfort nursing does not teach bad habits...Yes, the Sears do encourage new mothers to stay home with their babies, if possible.

[Download to continue reading...](#)

The Breastfeeding Book: Everything You Need to Know About Nursing Your Child from Birth Through Weaning Everything You Need to Know About Caregiving for Parkinson's Disease (Everything You Need to Know About Parkinson's Disease) (Volume 2) Everything You Need...english To Know About English Homework (Everything You Need to Know about (Scholastic Paperback)) Night Weaning - Proven Ways And Techniques To Stop Breastfeeding Your Baby Or Toddler To Sleep Pregnancy: Childbirth, Motherhood, and Nutrition - Everything You NEED to Know When Having A Baby (Breastfeeding, Newborn, Infant Care, Baby Names, Baby Food, First Time Mom, Baby's First Year) Baby-Led Weaning: A simple step by step guide to baby-led weaning The Birth Partner: Everything You Need to Know to Help a Woman Through Childbirth, Second Edition 601 Words You Need to Know to Pass Your Exam (Barron's 601 Words You Need to Know to Pass Your Exam) Everything You Need to Know about the Dangers of Tattooing and Body Piercing (Need to Know Library) What Your Doctor May Not Tell You About(TM) Hip and Knee Replacement Surgery: Everything You Need to Know to Make the Right Decisions (What Your Doctor May Not Tell You About...(Paperback)) 50 Maths Ideas You Really Need to Know (50 Ideas You Really Need to Know Series) Woodworking Wisdom & Know-How: Everything You Need to Know to Design, Build, and Create Survival Wisdom & Know How: Everything You Need to Know to Subsist in the Wilderness Everything You Need to Know to Have a Healthy Twin Pregnancy: From Pregnancy Through Labor and Delivery . . . A Doctor's Step-by-Step Guide for Parents for Twins, Triplets, Quads, and More! Planet Law School II: What You Need to Know (Before You Go), But Didn't Know to Ask... and No One Else Will Tell You, Second Edition The Everything Vegan Wedding Book: From the dress to the cake, all you need to know to have your wedding your way! (Everything®) The Fussy Baby Book: Parenting your high-need child from birth to five My Child Won't Sleep Through the Night: 5 No-Cry Solutions to Solve Your Child's Sleep Issues (Baby Sleep Solutions,

Toddler Sleep Problems, Child Sleep Solutions, No-Cry Sleep Solution) The Boy's Body Book:
Everything You Need to Know for Growing Up YOU (Boys World Books) The How-To Book of the
Mass: Everything You Need to Know but No One Ever Taught You

[Dmca](#)